



# PSYCHOLOGICAL FIRST AID TRAINING

## Presented by:

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**Day/Date:** Friday, 10/25/13 / **Time:** 8:30am-4:30pm

## Location:

Community Health Programs



444 Stockbridge Road, Great Barrington, MA 01230

## To Register

**Ctrl + click the link below:**

**[Registration Link](http://cmmh-cmtp.org/pfa/pfaregister.php)**

<http://cmmh-cmtp.org/pfa/pfaregister.php>

**or call (617) 414-4650**

**There is no cost to attend // Continuing Education Units have been requested for Psychologists, EMS, and LADC.**

This introductory Disaster Behavioral Health training provides information about the basics of Psychological First Aid (PFA) in the immediate aftermath of disasters. Initial instruction will define Psychological First Aid, review the basic knowledge and concepts of PFA, which will then be followed by hands-on training (experientially-oriented), reviewing necessary awareness, knowledge and skills. PFA is an evidence-informed modular approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism (NCTSN, 2006). PFA has been found to reduce initial distress and promote short-term and long-term adaptive functioning and coping. Participants who are first responders and other helping professions will be able to identify the eight core elements of PFA and gain a thorough understanding of the components, their utility, and how to put them into practice. Participants will also be provided with the theoretical knowledge base as to how human beings are impacted following disasters and will have the opportunity to engage in assessing Self-Care. Participants will additionally be trained in the provision of culturally and linguistically appropriate care in disaster situations.

Attendees will gain practical information, knowledge and skills towards provision of Psychological First Aid, in the immediate aftermath of disasters. By the conclusion of the training, participants who are first responders and in the helping professions will be able to:

1. Identify the eight core elements of Psychological First Aid.
2. Identify two skills toward the provision of culturally and linguistically competent care in disaster situations.
3. Demonstrate 2 skills learned to show competency in applying Psychological First Aid.



If you are Deaf or hard of hearing, or are a person with a disability who requires accommodation, please contact CMMH at 617-414-4650 or email at [CMTMP@bmc.org](mailto:CMTMP@bmc.org).

**Continuing Education Information: In order to receive continuing education credit or contact hours for an event, participants MUST sign in, MUST remain the entire program, and MUST submit an evaluation upon the conclusion of the program**

**Disclosures:** In accordance with the standard and the criteria set forth by the ANCC COA, speakers are asked to disclose the absence or presence of any relationship they have to companies producing pharmaceuticals, medical equipment, prosthetics, etc. that might be germane to the content of their lecture. Such disclosure is not intended to suggest or condone bias in the presentation, but is elicited to provide the attendees with information that might be of potential importance to them.

**Nursing:** DMH Central West Area is an approved provider of continuing nursing education by the Massachusetts Association of Registered Nurses INC., an accredited approver of American Nurses Credentialing Center's Commission on Accreditation. This Continuing Education Activity carries 5.25 contact hours.

**Social Work:** This activity is approved for 1 Social Work Continuing Education Credits CMA #102513

**Licensed Mental Health Counselors:** DMH Northeast Area Staff Development Office is an NBCC Approved continuing Education Provider (ACEPTM) and a co-sponsor of this event/program. DMH Central West Area may award NBCC approved clock hours for events that meet NBCC requirements. DMH Central West Area Staff Development maintains responsibility for the content of this event. 5.25 hours.

**Occupational Therapy:** DMH- Central West Area is an American Occupational Therapy Association (AOTA) approved provider. Learning Level: Introductory. First Content focus: Occupational Therapy Process (Intervention), Second Content Focus: Occupational Therapy Process (Outcomes). The assignment of AOTA CE's does not imply endorsement of specific course content, products, or clinical procedures by AOTA. .525 CE's

This program has been coordinated by the Center for Multicultural Mental Health at Boston Medical Center, in coordination with the Massachusetts Department of Mental Health, through a contract with the Emergency Preparedness Bureau at the Massachusetts Department of Public Health, with funding from the Office of Assistant Secretary for Preparedness and Response (ASPR) as part of the Hospital Preparedness Program.