

# Could you use a hot meal or help with groceries?

*The Berkshire County emergency food network may be able to help.*

## Here are some programs that serve FREE hot meals:

*North Adams—Berkshire Food Project: (413) 664-7378*  
*Pittsfield—Salvation Army-Feeding Program: (413) 442-0624*  
*Pittsfield—Christian Center of Pittsfield– Lunch Program: (413) 443-2828*  
*Pittsfield—South Congregational Church– St. Joseph’s Kitchen: (413) 442-7357*  
*Pittsfield—St. Stephen’s Parish: (413) 448-8276*  
*Pittsfield—First United Methodist Church—Tuesday’s Harvest Table: (413) 499-0866*

## Here are some programs that provide FREE\* emergency groceries:

*Adams—Parish of Pope John Paul the Great: (413) 743-0577*  
*Becket— Becket Federated Church: (413) 623-5217*  
*Dalton—United Methodist Church: (413) 684-0521*  
*Great Barrington—People’s Pantry: (413) 528-3061*  
*Hinsdale—First Congregational Church: (413) 655-8587*  
*Lanesboro—VFW/American Legion: (413) 442-1025*  
*North Adams—Friendship Center Food Pantry: (413) 664-0123*  
*North Adams—Salvation Army– Gateway New Life Center Pantry: (413) 663-7987*  
*Pittsfield—Christian Assembly Church: (413) 442-1495*  
*Pittsfield—Christian Center of Pittsfield– Food Basket Program: (413) 443-2828*  
*Pittsfield—Community Enterprises, Project AIM: (413) 499-1248*  
*Pittsfield—First United Methodist Church -Tuesday’s Harvest Pantry: (413) 499-0866*  
*Pittsfield—Reigning Love Church: (413) 448-6221*  
*Pittsfield—Salvation Army: (413) 442-0624*  
*Pittsfield—Soldier On Veterans Pantry: (413) 236-5644*  
*Pittsfield—South Congregational Church Food Pantry: (413) 442-7357*  
*Pittsfield—St. Joseph’s Church: (413) 445-5789*  
*Pittsfield—St. Mark’s Church: (413) 447-7510*  
*Williamstown—Community Bible Church: (413) 458-5556*

If you are struggling with your food needs, you may also be eligible for the **SNAP program (formerly Food Stamps)**, which provides money for groceries to low-income individuals and families. To learn more, contact:

**The SNAP Coordinator at The Food Bank of Western Mass.  
(800) 247-9632**

*If you are 55 or older*, you may be eligible for the **Brown Bag Program**, which provides free monthly groceries for seniors through a local council on aging. To learn more, contact your local council on aging or The Food Bank of Western Massachusetts at **(800) 247-9632**.

To learn more about any of these programs, contact:

**The Food Bank of Western Massachusetts  
(800) 247-9632**



**The Food Bank**  
of Western Massachusetts

*\*Income and/or residency requirements may apply to pantries. If you would like a hot meal you may receive one, no questions asked, at any of the meal sites listed here. Please contact the program for details.*