

## CONFERENCE PRESENTERS



**Dr. Kermit Crawford**  
**Principal Investigator/Project Director**

Kermit A. Crawford is a clinical psychologist who received his doctorate from Boston College. He is a designated forensic psychologist and researcher. He is also director of the Center for Multicultural Mental Health (CMMH) of Boston University School of Medicine and Boston Medical Center. Dr. Crawford has extensive work experience in multicultural behavioral health disaster response, trauma and grief, substance abuse

and co-morbid disorders.



**Dr. Shamaila Khan**  
**Clinical Director**

Dr. Khan's specialty training is in Trauma: Individual trauma, group/community based trauma, immigration trauma, postcolonial trauma and disaster related trauma. She has conducted Disaster related trainings nationally and internationally: in NY following 9/11, in Boston as part of the Crisis Counseling Program following local floods in 2010, and in Western Massachusetts following the tornadoes. She has also conducted disaster related work with the Pakistani community

following the earthquake and floods, with the Haitian community as Director of the SAMHSA Emergency Response Grant, and has consulted with and trained a Japanese delegation following the earthquake and Tsunami in Japan in 2010. She has lived in 3 continents, and conversant in seven languages, her additional interests are in multicultural and diversity aspects and she incorporates and advocates for these in her disaster behavioral health trainings. She additionally serves on the Disaster Behavioral Health Advisory Committee of the Massachusetts DMH.

**Dr. Alice LoCicero**

Dr. Alice LoCicero is a board certified clinical psychologist. She is a member of the core faculty at the Center for Multicultural Training in Psychology at Boston Medical Center, an adjunct professor in Lesley University, and a volunteer in the asylum program at Community Legal Services and Counseling Center, Cambridge. She has worked with survivors, and with family members of victims and survivors, of mass disasters, trauma, and torture.

Dr. LoCicero's recent scholarship has been in the area of youth engaged in violence. From 2003-2007, she directed a clinical service at the Juvenile Court in Chelsea, MA. She traveled to Sri Lanka in 2007, during the civil war, to research the reasons why children volunteer to join militant groups, and in 2010 to provide information on trauma to teachers who were working with war-affected children, including former child soldiers. Dr. LoCicero is author of *Creating Young Martyrs: Conditions that Make Dying in a Terrorist Attack Seem Like a Good Idea*, based on her work in Sri Lanka. She is a past president of the Society for Terrorism Research, and has presented her work on youth and violence at conferences in the US, the EU, and China.

**Dr. Lynn Moore**  
**Logistics and Operational Director**

Lynn Moore is an educational practitioner who develops curricula and delivers courses in higher education, community non-profit agencies, state government, and corporations for non-traditional learners. He uses a learner-centered approach that allows students to demonstrate critical thinking, problem solving, and higher order of thinking skills needed for academic, career, and personal success. Dr. Moore's corporate experience includes development of project management processes and internal standards that successfully launched market-leading products.



## WHO SHOULD ATTEND

The Center for Multicultural Mental Health (CMMH) at Boston Medical Center (BMC) and the Emergency Preparedness Bureau at the Massachusetts Department of Public Health (DPH) in collaboration with the Massachusetts Department of Mental Health (DMH) is offering disaster behavioral health training for public health, healthcare, public safety, and other disaster response personnel throughout the Commonwealth.

### WHO SHOULD ATTEND

- Public Health Professionals
- Hospital and Health Care Providers
- Disaster Behavioral Health Workers
- Behavioral Health Providers (including mental health and substance abuse providers)
- Spiritual Care Staff
- Medical Reserve Corps Volunteers
- Emergency Management Personnel
- First Responders and Public Safety Personnel
- Disaster Response Volunteers

Massachusetts, through DPH, in collaboration with DMH and CMMH, has made great strides in providing the state with a network of professionals and volunteers trained to provide disaster behavioral health response services. While a number of responders have been trained, there remains a clear need to train additional providers across the Commonwealth in both basic and advanced disaster behavioral health topics such as Psychological First Aid and psychological resiliency. An additional gap that has been identified is the need for advanced training in specialty areas. To help close that gap and meet the needs for basic and more advanced response, the following trainings are being offered as part of the Disaster Behavioral Health Training Series:

- Psychological Resilience – Basic
- Psychological Resilience – Train-the-Trainer
- Psychological Resilience – Refresher/Advanced

### CONTACT

TEL: 617.414.4795  
FAX: 617.414.4792  
EMAIL: LYNN.MOORE@BMC.ORG

BOSTON MEDICAL CENTER  
DEPT. OF PSYCHIATRY/CMTP  
FULLER BUILDING  
85 EAST NEWTON STREET  
BOSTON, MA 02118



EXCEPTIONAL CARE. WITHOUT EXCEPTION.

CENTER FOR MULTICULTURAL MENTAL HEALTH  
PRESENTS

## DISASTER BEHAVIORAL HEALTH TRAINING SERIES

SEPT. 27 & 28, 2012 - Psychological Resilience Basic  
JAN. 29 & 30, 2013 - Psychological Resilience Basic  
FEB. 12 & 13, 2013 - Psychological Resilience Basic  
MAR. 12 & 13, 2013 - Psychological Resilience Basic  
APR. 23 & 24, 2013 - Psychological Resilience Train-The-Trainer  
JUNE 6, 2013 - Psychological Resilience Refresher/Advanced  
JUNE 7, 2013 - Psychological Resilience Refresher/Advanced

### CONTINUING EDUCATION UNITS

Continuing Education Units (CEUs) have been requested for: LICSW, LCSW, LSW, LSWA, Social Work (NASW), Psychology (APA Credit), Nursing (MARN-ANCC), LMHC-Mental Health Counselor (NBCC), AOTA and LADC and LADCA, and EMT (MDPH/OEMS).

### SPONSORED

This project has been developed through a contract with the Emergency Preparedness Bureau at the Massachusetts Department of Public Health, with funding from the Assistant Secretary for Preparedness and Response (ASPR) Hospital Preparedness Program in collaboration with the Massachusetts Department of Mental Health.

The Massachusetts Psychological Association and the Center sponsor this program for Multicultural Mental Health – Boston Medical Center/Boston University School of Medicine. The Massachusetts Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. MPA maintains responsibility for this program and its content.

## PSYCHOLOGICAL RESILIENCE **BASIC** (TWO DAY TRAINING)

### GOALS

This introductory training provides information about the basics of Psychological First Aid, psychological resilience, and stress identification and management in the aftermath of disasters.

### LEARNING OBJECTIVES

- Participants will be able to identify the eight core elements of Psychological First Aid and have a thorough understanding of the components, their utility, and how to put them into practice.
- Participants will be able to apply Psychological First Aid techniques learned in disaster relief scenarios and interactive exercises (modeling, role plays, paired and group activities).

### SUGGESTED PREREQUISITE FOR BASIC

Participants are encouraged to complete the online Psychological First Aid training available through the Local Public Health Institute of Massachusetts' website: <http://www.masslocalinstitute.org>

### DATES AND LOCATIONS FOR PSYCHOLOGICAL RESILIENCE - BASIC

- This training program is free
- Sign-in is from 8:00 to 8:45 a.m. each day
- The training day is from 8:45 a.m. to 4:45 p.m.
- Coffee, pastries, and lunch will be provided

### SEPTEMBER 27 & 28, 2012 (THURSDAY AND FRIDAY)

Mattapan Community Health  
1575 Blue Hill Avenue  
Mattapan, MA 02126  
For Directions: <http://www.mattapanchc.org/directions.html>

### JANUARY 29 & 30, 2013 (TUESDAY AND WEDNESDAY)

Overlook Masonic Health Center  
88 Masonic Home Road  
Charlton, Massachusetts 01507

### FEBRUARY 12 & 13, 2013 (TUESDAY AND WEDNESDAY)

The Greater New Bedford Community Health Center  
874 Purchase Street  
New Bedford, MA 02740  
For Directions: <http://www.gnbchc.org/contact.htm>

### MARCH 12 & 13, 2013 (TUESDAY AND WEDNESDAY)

Department of Mental Health  
Western Massachusetts Area Office  
Northampton Haskell Building  
1 Prince Street  
Northampton, MA 01061

Registration: <http://cmmh-cmtp.org/impar.php>

## PSYCHOLOGICAL RESILIENCE **TRAIN THE TRAINER (TTT)** (TWO DAY TRAINING)

### GOALS

The Train-The-Trainer course is conducted over two days during which participants are taught the essentials of "teaching and learning". Participants are provided with tools and skills which can be utilized to teach the material they previously learned through attending the psychological resilience trainings. The initial day of the training involves reviewing the learned material and learning effective methods and techniques used to teach adults (Andragogy). On the second day participants engage in "teach back" sessions where they learn and experience the utility of the varying "techniques and tools" provided on day one. Participants are provided with the opportunity to practice and strengthen their newly learned skills.

### LEARNING OBJECTIVE

- Participants will be able to comprehend and demonstrate in at least two Andragogy techniques that they will apply when training peers and colleagues.
- Participants will be able to identify the eight core elements of Advanced Psychological First Aid.
- Participants will be able to enhance skills toward the provision of culturally and linguistically competent care in disaster situations.
- Participants will be able to effectively deliver Psychological First Aid training to peers and others in their community.

### PREREQUISITE FOR TTT

Participants are required to have successfully completed the Psychological Resilience Basic Training or to possess equivalent professional credentials.

### DATES AND LOCATIONS FOR TRAIN-THE-TRAINER (TTT)

- This training program is free
- Sign-in is from 8:00 to 8:45 a.m. each day
- The training day is from 8:45 a.m. to 4:45 p.m.
- Coffee, pastries, and lunch will be provided

### APRIL 23 & 24, 2013 (TUESDAY AND WEDNESDAY)

Department of Mental Health  
Western Massachusetts Area Office  
Northampton Haskell Building  
1 Prince Street  
Northampton, MA 01061

Registration: <http://cmmh-cmtp.org/impar.php>

## PSYCHOLOGICAL RESILIENCE **REFRESHER/ADVANCED** (ONE DAY TRAINING)

### GOALS

The goal of the one day Psychological Resilience Refresher/Advanced training is to enhance responders' knowledge of and skills in psychological resilience and to incorporate advanced topics from specialty domains such as working with children/adolescents, people with disabilities, and elderly populations. This course is for individuals with previous disaster behavioral health experience and with moderate to extensive knowledge of disaster behavioral health response.

### LEARNING OBJECTIVES

- Participants will be able to enhance their response to disasters in a prompt, efficient and effective manner upon completing this refresher training course which includes a review, summary and presentation of basic Psychological First Aid.
- Participants will gain knowledge of the latest evidence-based research/practice of disaster behavioral health to remain on the "cutting edge" of disaster support.

### PREREQUISITE FOR REFRESHER/ADVANCED

Participants are required to have successfully completed the Psychological Resilience Basic Training, Psychological Resilience Train-The-Trainer, or equivalent professional training.

### DATES AND LOCATIONS FOR REFRESHER/ADVANCED

- This training program is free
- Sign-in from 8:00 to 8:45 a.m. each day
- The training day is from 8:45 a.m. to 4:45 p.m.
- Coffee, pastries, and lunch will be provided

### JUNE 6, 2013 (THURSDAY)

The Boston University Photonics Center  
8 Saint Mary's Street  
Boston, MA 02215

### JUNE 7, 2013 (FRIDAY)

Overlook Masonic Health Center  
88 Masonic Home Road  
Charlton, Massachusetts 01507

Registration: <http://cmmh-cmtp.org/impar.php>