



Saturday November 3rd 2012

MRC/DART Train-a-thon



Co-Sponsored by the Community Health Workers Alliance of Berkshire County

A comprehensive full day of training designed to assist members and new volunteers in satisfying basic training requirements quickly and conveniently.

Intro to Disaster Response (MRC and DART 101)

- Introduction to Emergency Preparedness (MRC and DART 101)
- Background: Who We Are and Where We Came From!
- Personal and Family Emergency Preparedness
- Volunteer Core Competencies
- Volunteer Opportunities

Psychological First Aid (PFA)

- What Is It and Why Should We Know PFA?
- Self Care for Emergency and Disaster Volunteers
- Core Actions
- Small Group Activities

ICS 100 and NIMS 700

- How It Works?!?
- Emergency Preparedness Organizational Structures
- Federal, State and Local Levels
- Small Group Activities



Q & A, Networking, Lunch, Certificates, Giveaways

LOCATION

Lenox Community Center
65 Walker Street
Lenox MA 01240

Saturday November 3, 2012
10am- 5pm (9:30 Registration)

Kathleen Conley Norbut, M.Ed., LMHC
MRC Trainer/Coordinator/ Principal, KC-Consulting

No Cost! Open to All. Pre-registration is required.

For more information or to REGISTER contact:
CMcKeown@wmmrc.org (413) 539-4115 or visit www.WMMRC.org